



CAREER POINT UNIVERSITY

Ref. No.: CPUK/RO/2024/03B

Date: July 1, 2024

NOTICE

Availability of Sexual and Reproductive Health (SRH) Care Services

Career Point University, Kota, is providing **Sexual and Reproductive Health (SRH) care services** for students.

These services are aimed at promoting the physical, mental, and emotional well-being of our students in a **confidential, respectful, and non-judgmental environment**.

Services Available:

- **Information & Counseling:** Guidance on contraception, menstrual health, emergency contraception, and mental health support.
- **Preventive Care:** Tetanus immunization, nutrition counseling, and prevention of anemia.
- **Curative Services:** Treatment of Reproductive Tract Infections (RTIs), Sexually Transmitted Infections (STIs), and management of sexual abuse cases.
- **Referral Services:** Linkage to HIV/AIDS counseling and testing centers, district hospitals, and specialized care facilities.

How to Access Services:

- Visit designated **Adolescent Friendly Health Clinics (AFHCs)** at Primary Health Centres, Community Health Centres, District Hospitals, and Medical Colleges.
- Utilize **community outreach programs** coordinated through CPU's health unit.
- Explore **digital resources** such as ARSH for You and **SnehAI** for SRH information.
- Call **104/108 Health Helplines** for confidential guidance.

Confidentiality Assured: All consultations and services are provided in a safe and supportive manner, ensuring privacy.

For assistance and coordination, students may contact:

CPU Health Clinic

Nodal Officer: Dr Puspendra Yaduvanshi



Registrar
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Career Point University
Kota - Rajasthan



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