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| Name of Policy | Food Waste Management and Nutrition Initiatives |
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CAREER POINT UNIVERSITY

(Established by the Government of Rajasthan Act No. 13/2012, u/s 2(f) of the UGC Act 1956)

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Food Waste Management and Nutrition Initiatives

The Food and Agriculture Organization (FAO) defines food waste as. "...food appropriate for human consumption being discarded, whether it's kept beyond its expiry date or left to spoil". Food waste management relates to the stages of prevention, recovery, recycling, or food waste disposal that follows.

The University has undertaken several initiatives to minimize food waste and promote nutritional awareness among students, employees and nearby community. Measures include the segregation of biodegradable waste for composting, collaboration with local NGOs to redistribute surplus food, and awareness drives on responsible consumption. Additionally, nutrition-focused programs, workshops, and balanced meal plans are promoted through the canteen and student clubs to encourage healthy dietary habits and reduce food-related waste.

Addressing Malnutrition and Food Waste

- Aims to combat malnutrition, including underweight and overweight issues among students.
- Focuses on efficient food management to reduce waste and improve food security.

Campus Food Waste Overview

- Approx. 230 students and 30 staff 12,000 students and staff generate food waste.
- In 2024, about Approx. 3 to 3.5 kg of food waste per day was produced from breakfast, lunch, snacks, and dinner.

Measures to Reduce and Manage Food Waste

- Awareness Campaigns: Educate students and staff on mindful consumption through signage and digital reminders.
- Using **portion plates** is an effective strategy on campuses to reduce food waste while promoting balanced nutrition
- Efficient Menu Planning: Balanced menus based on ICMR guidelines to prepare appropriate meal quantities.
- Composting & Bio-digesters: Convert food waste into compost for campus gardens and agriculture; over 242 Kg. compost generated by 2024.
- Monitoring & Reporting: Track and analyze food waste regularly to improve waste reduction strategies.
- Donate to hungry people
- Feed animals: Surplus food is given to local communities or used as animal feed.
- Industrial uses
- Composting: Repurposing food waste as compost with local crop producers



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